# The Effects of the Sacrament of Confirmation

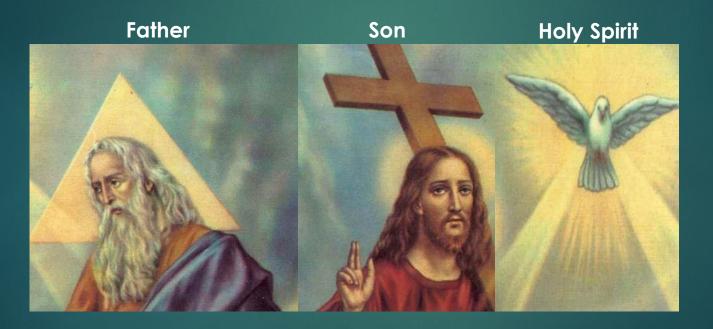
## **Opening Prayer**



https://youtu.be/AFlq22N9Jdc

# The Holy Trinity

#### One God reveals himself in 3 divine persons







#### Understanding



### Fortitude





### Fear of the lord

### Examples of Fortitude







#### https://youtu.be/PWq3HzBSRnI

# Bishop Mark's Coat of Arms



- Helps us to stand up for and defend the Catholic faith.
- Strengthens us to do God's will.
- Helps us to overcome fear.



- Helps us to know the truths of the faith that are beyond us knowing on our own.
- Helps us to know and follow God's will for us.



- Helps us to recognize that God is God and we are not.
- Helps us to have a good relationship with God and to fear displeasing him by sin.



- Helps us to know God's plan in our own lives and act upon it.
- Helps us to know our weaknesses, sins, and failures and to overcome them with God's help.

K	nowledge

- Helps us to have the right attitude towards God.
- ▶ Helps us to worship him because we love him.



- ► Helps us to know right from wrong and avoid sin.
- Gives us the ability to live a moral life and get to heaven some day.



- Help us to know God's plan for us and to value it above all else.
- ▶ Helps us to know the truth.



### Time to Reflect



https://youtu.be/LuvfMDhTyMA

# Reconciliation



https://youtu.be/lb8pzvnnL20

# Which saint did you choose and why?



